

Epilepsy



Epilepsy is a common condition that affects the brain and causes seizures. Seizures are bursts of electrical activity in the brain that temporarily affect how it works. They can cause a wide range of symptoms.

There are many different types of Epilepsy ranging from vacant episodes to Tonic Clonic seizures. People can have one type or a number of different seizures. It is really distressing to witness a seizure, but if you do then clear the space around your child and remain with them. Call 999 for help immediately.

Diagnosis of epilepsy is done by a specialist consultant following a number of tests. The main test will be an EEG – Electroencephalography. This measures the electrical activity in the brain and is completed by a specialist team.

If a diagnosis is made you would access specialist support from the Epilepsy team at the hospital in your area. These are specialist Epilepsy nurses who will complete a health care plan that explains your child's epilepsy, what their seizures look like and how to help them. This care plan will go to school and any external clubs your child accesses. If emergency medication is needed, then training is provided from the specialist team. Your child will be reviewed at least every 6 months to ensure the medication is right but if you notice any increase in the frequency or strength of seizure then your contact would be your Epilepsy nurse whose details will be on your child's Health care plan.

For more information click on the link below:

<https://www.epilepsy.org.uk/info/what-is-epilepsy>